

FINAL ANNOUNCEMENT

22ND CONTINUING PROFESSIONAL DEVELOPMENT (CPD) SERIES:



THE BRANDLAUREATE
CSR AWARDS 2018
NATIONAL DIABETES
INSTITUTE



THE BRANDLAUREATE
CSR BRANDLEADERSHIP
AWARDS 2018
PROF. MUSTAFFA EMBONG

CLINIC DIABETES: LEARNING FROM KOLS (CDC 2025)

**"Managing Diabetes
and Associated Conditions"**

Grab your
opportunity to
win exciting
prizes in LUCKY
DRAWS!!

25

26

27

APRIL
2025

ROYALE CHULAN KUALA LUMPUR
5, Jalan Conlay, 50450 Kuala Lumpur,
MALAYSIA

Organised by :



CENTRE OF EXCELLENCE DEDICATED TO DIABETICS

Endorsed by :



Ministry of Health Malaysia



Malaysian Red Crescent Society

SECRETARIAT CLINIC DIABETES COURSE 2025
NATIONAL DIABETES INSTITUTE

No.1, Jalan SS3/50, 47300 Petaling Jaya, Selangor,
MALAYSIA

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CLINIC DIABETES Course

Clinic Diabetes is an interactive Course to be conducted by **Key Opinion Leaders (KOLs)** in the respective fields. It will be based on discussion of relevant clinical cases to define best option in the management of diabetes, associated diseases and complications.

The Course would be of interest to Healthcare Professionals involved in managing diabetes, its complications, and associated diseases.

Format of CLINIC DIABETES Course

The Course is divided into Sessions. **Each session shall start with short presentation to highlight specific feature and significance of a condition followed by presentation of 1-3 relevant cases for discussion by a Panel of KOLs** in the specific field(s) of interest.

Twelve sessions are planned*

Session #1	Diagnosing IFG, IGT and Diabetes
Session #2	Treating Diabetes 1: Oral Medications
Session #3	Treating Diabetes 2: Injectables
Session #4	Managing Diabetes in Pregnancy
Session #5	Treating Associated Conditions: Hypertension and Hyperlipidaemia
Session #6	Diabetes in Children
Session #7	Treating Associated Conditions: Obesity in Diabetics
Session #8A	Microvascular Complications: The Eyes
#8B	Microvascular Complications: The Feet
Session #9	Diabetic Kidney Disease: Prevention and Management
Session #10	Strategies for Diabetes Remission
Session #11	Diabetes with Heart Disease
Session #12	The Complicated Cases: Prioritising and Optimising Management

*Subject to change

Benefits of the Course for Participants

1. Receive Certificate of Attendance
2. A chance to interact with experts in the management of diabetes and associated diseases
3. Be familiar with anti-diabetic drugs and their use
4. Learn management of diabetes and associated conditions
5. **Chance to have free registration and be a resource person in the discussion**
6. **Chance to win cash prizes, hampers and vouchers @ Lucky Draws**
7. CPD points shall be applied

Certificate of Attendance for all Delegates



CPD
points will be applied

Audience participation

The audience is expected to participate in the discussion by asking questions and providing opinions orally or via Slido.

Participants Input

Participants are encouraged to submit their (problem, interesting) cases for discussion.

Submitted case should have these main components

1. Patient's demographic profile
2. Initial presentation consisting of history, clinical findings and investigation results and treatment
3. Progress records to include relevant history, physical examination findings, investigation results and treatment. 3-5 progress records are preferred, including the final entry.

Cases must be submitted at least **1 month** before the Course for vetting by the experts.

Participants whose cases are **ACCEPTED** for discussion will be given free registration to attend the Course. He/she will also be invited to provide additional information as resource person, during the case discussion.

Objectives of the Course

At the end of the Course, Participants are expected to

1. Understand indication for use of established and newer antidiabetic agents, both oral and injectables
2. Be familiar with management of common types of diabetes and associated diseases
3. Appreciate use of newer diabetic medications with non-glycaemic activities
4. Be able to apply knowledge gained during to Course to better manage patients with diabetes

LUCKY DRAWS!

Cash prizes, hampers and vouchers @ Lucky Draws

To encourage active participation and attendance, lucky draws shall be conducted at the end of the Course. Lucky winners may receive cash rebates or hampers from advertisers or vouchers from hotels.

To be eligible for the Lucky Draws, participants must visit the exhibitors' booths and table tops to receive their respective chops as proof of attendance.

CLINIC DIABETES COURSE ATTENDANCE

This Clinic Diabetes Course is opened to all healthcare professionals involved in the management of persons with diabetes and associated conditions, including Medical and Surgical Specialists, Medical and Health Officers, Pharmacists, Diabetes Educators, Medical Assistants, General Practitioners, Trainee Lecturers, Nursing Practitioners, Dietitians/Nutritionists

Organising Committee

Patron

YABhg. Tun Dr. Mahathir Mohamad

Advisor

Professor Dato' Anuar Zaini Md. Zain

Chairman

Emeritus Professor Dato' Mustaffa Embong

Secretary

Dato' Dr. Nor 'Aini Abu Bakar

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Ms. Rosmawati Yusoff

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3. Professor Norlaila Mustafa
4. Associate Professor Lim Lee Ling
5. Datuk Dr. Zanariah Hussein
6. Dr. Ng Ooi Chuan

Sabah & Sarawak Representative

Dr. William Voon Yu Huat

Fund Raising & Exhibition

Ms. Rosmawati Yusoff

Audiovisual

Signature Production

Course Coordinator

Ms. Misfahulhairah Shariff

Secretariat

Dato' Dr. Nor 'Aini Abu Bakar (Chairperson)

Ms. Nurulhuda Athirah Hadri

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Professor Timothy Davis, *Australia*

Professor Xu Zhang Rong, *China*

Endocrinology

1. Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*
2. Professor Dato' Anuar Zaini Md Zain, *Monash University Malaysia*
3. Professor Dato' Ikram Shah Ismail, *MAHSA University*
4. Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*
5. Professor G.R Letchuman, *Monash University Malaysia*
6. Professor Norlaila Mustafa, *Hospital Canselor Tuanku Muhriz UKM*
7. Associate Professor Lim Lee Ling, *University Malaya Medical Centre*
8. Associate Professor R. Jeyakantha Ratnasingam, *University Malaya Medical Centre*
9. Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*
10. Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Centre*
11. Datuk Dr. Zanariah Hussein, *Putrajaya Hospital*
12. Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*
13. Dr. Nurain Mohd Noor, *Putrajaya Hospital*
14. Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur*

Paediatric Endocrinology

1. Professor Wu Loo Ling, *Subang Jaya Medical Centre*
2. Associate Professor Azriyanti Anuar Zaini, *University Malaya Medical Centre*
3. Associate Professor Noor Shafina Mohd Nor, *Universiti Teknologi MARA*
4. Dr. Janet Hong Yeow Hua, *Putrajaya Hospital*

Cardiology

1. Professor Imran Zainal Abidin, *University Malaya Medical Centre*
2. Dato' Dr. David Chew Soon Ping, *Cardiac Vascular Sentral Kuala Lumpur*
3. Dato' Sri Dr. Azhari Rosman, *National Heart Institute*
4. Professor Sazzli Shahlan Kasim, *Universiti Teknologi MARA*

Wound care

1. Professor Mohd Yazid Bajuri, *Hospital Canselor Tuanku Muhriz UKM*

Nephrology

1. Associate Professor Rozita Mohd, *Hospital Canselor Tuanku Muhriz UKM*
2. Datuk Dr. Ghazali Ahmad, *National Heart Institute*
3. Professor Lim Soo Kun, *University Malaya Medical Centre*
4. Professor Goh Bak Leong, *Hospital Sultan Idris Shah Serdang*

Neurology

1. Associate Professor Rabani Remli, *Hospital Canselor Tuanku Muhriz UKM*

Obesity

1. Professor Dato' Dr. Nik Ritza Kosai Nik Mahmood, *Hospital Canselor Tuanku Muhriz UKM*
2. Professor Raja Affendi Raja Ali, *Hospital Canselor Tuanku Muhriz UKM*
3. Dr. Radhakrishna Sothiratnam, *Columbia Asia Seremban*

Obstetrics and Gynaecology

1. Professor Datuk Siti Zawiah Omar, *University Malaya Specialist Centre*
2. Professor Dato' N. Sivalingam, *IMU University*

Dietitian/Nutritionist

1. Professor Winnie Chee Siew Swee, *IMU University*
2. Associate Professor Zulfitri 'Azuan Mat Daud, *Universiti Putra Malaysia*

Ophthalmology

1. Professor Shelina Oli Mohamed, *Hospital Al-Sultan Abdullah*
2. Professor Tajunisah Begam Mohd Iqbal, *University Malaya Medical Centre*

Psychiatry

1. Professor Nor Zuraida Zainal, *University Malaya Medical Centre*
2. Associate Professor Stephen Thevananthan Jambunathan, *The Mind Faculty Kuala Lumpur*

Primary care Physician

1. Dr. Sri Wahyu Taher, *Klinik Kesihatan Simpang Kuala*
2. Dr. Mastura Ismail, *Klinik Kesihatan Seremban 2*

Invited KOLS*

*Subject to confirmation

Course Outline*

25 APRIL 2025		26 APRIL 2025	27 APRIL 2025
FRIDAY		SATURDAY	SUNDAY
(0700 - 0825) REGISTRATION		(0730-0815) Breakfast Symposium 1 {Slot for Sponsor}	(0730-0815) Breakfast Symposium 2 {Slot for Sponsor}
(0825- 0830) BRIEFING OF COURSE		(0815-0900) SESSION #6 <i>[Diabetes in Children]</i>	(0815-0900) SESSION #10 <i>[Strategies for Diabetes Remission]</i>
(0830- 1000) SESSION #1 <i>[Diagnosing IFG, IGT and Diabetes]</i>		(0900- 1000) {Slot for Sponsor}	(0900-1000) SESSION #11 <i>[Diabetes with Heart Disease]</i>
BREAK & BOOTHS VISIT (1000-1030)			
(1030 - 1130) SESSION #2 <i>[Treating Diabetes 1: Oral Medications]</i>		(1030 - 1130) SESSION #7 <i>[Treating Associated Conditions: Obesity in Diabetics]</i>	(1030 - 1200) SPECIAL SESSION: Case Presentations by Participants
(1130 - 1300) SPECIAL SLOT 1 {Slot for Sponsor}		(1130 - 1300) SPECIAL SLOT 2 {Slot for Sponsor}	(1200-1300) SESSION #12 <i>[The complicated Cases: Prioritising and Optimising Management]</i>
FRIDAY PRAYERS	LUNCH (1300-1400)	LUNCH (1300-1400)	(1300-1330) Closing Ceremony & Lucky Draws
(1400-1500) SESSION #3 <i>[Treating Diabetes 2: Injectables]</i>		(1400-1500) SESSION #8 <i>[Microvascular Complications: The Eyes and Feet]</i>	
(1500-1600) SESSION #4 <i>[Managing Diabetes in Pregnancy]</i>		(1500 - 1600) {Slot for Sponsor}	LUNCH (1330 - 1430)
BREAK & BOOTHS VISIT (1600-1630)			
(1630-1730) SESSION #5 <i>[Treating Associated Conditions: Hypertension and Hyperlipidaemia]</i>		(1630-1730) SESSION #9 <i>[Diabetic Kidney Disease: Prevention and Management]</i>	(1430) End of Course
(1745-1845) Dinner Symposium 1 {Slot for Sponsor}		(1745-1845) Dinner Symposium 2 {Slot for Sponsor}	

*Subject to change
** Slots available for Sponsors

Course Details*

DAY 1 – April 25, 2025 (Friday)

0700 - 0825	REGISTRATION
0825 - 0830	Briefing of Course
0830 - 1000	Session # 1: Diagnosing IFG, IGT and Diabetes (90 min) Presentation: Diagnosis and Significance of IFG, IGT and Diabetes (20 min) Case Discussion (5 min presentation + 15 min discussion); Case #1: A Person with Dysglycaemia Case #2: Should this Person be Treated as a Diabetic? Case #3: A Person on Treatment for Hyperlipidaemia
1000 - 1030	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.</i>
1030 - 1130	Session # 2: Treating Diabetes 1: Oral Medications (60 min) Presentation: Oral Glucose-Lowering Medications (20 min) i) Alpha Glucosidase Inhibitors ii) Metformin iii) Sulfonylureas iv) DPP4-Is v) SGLT2-Is Case Discussion (5 min presentation + 15 min discussion); Case #4: A Newly-Diagnosed Underweight Type 2 Person with Diabetes Case #5: An Obese Diabetic, Poorly-Controlled on Sulphonylurea
1130 - 1300	SLOT FOR SPONSOR (90 min)
1300 - 1400	LUNCH
1400 - 1500	Session # 3: Treating Diabetes 2: Injectables (60 min) Presentation: Insulins and Other Injectables for Diabetes: Types and Indications (20 min) Case Discussion (5min presentation + 15min discussion); Case #6: Insulin Use in T2DM Case #7: GLP-1 RA

Course Details* continued

1500 - 1600	Session # 4: Managing Diabetes in Pregnancy (60 min) Presentation: Managing Diabetes and Targets During Pregnancy (20 min) Case Discussion (5 min presentation + 15 min discussion); Case #8: A 43-Year Old Company Executive with IGT, Planning for First Pregnancy Case #9: G4P1 Patient First Antenatal Visit at 10 weeks
1600 - 1630	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.</i>
1630 - 1730	Session # 5: Treating Associated Conditions: Hypertension and Hyperlipidaemia (60 min) Presentation: Treating and Targets for HT and Hyperlipidaemia in People with Diabetes (20 min) Case Discussion (5 min presentation + 15 min discussion); Case #10: A 30-Year Old Patient with Diabetes and Blood Pressure of 170/95 mm Hg Case #11: A 65-Year Old Government Pensioner, Diabetic with Past History of Heart Attack, on Treatment for High Lipid Level with Simvastatin
1745 - 1845	SLOT FOR SPONSOR (60 min)
1845	END OF DAY 1

DAY 2 – April 26, 2025 (Saturday)

0730 - 0815	SLOT FOR SPONSOR (45 min)
0815 - 0900	Session #6: Diabetes in Children (45 min) Presentation: Practical Tips to Ensure Compliance in Children with Diabetes (15 min) Case Discussion (5 min presentation + 15 min discussion); Case #12: A 15-Year Old Type 1 School Girl with Frequent Admissions for Hypo and Hyper
0900 - 1000	SLOT FOR SPONSOR (60 min)
1000 - 1030	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.</i>
1030 – 1130	Session # 7: Treating Associated Conditions: Obesity in Diabetics (60 min) Presentation: Options for Managing Obesity in Diabetics (20 min) Case Discussion (5 min presentation + 15 min discussion); Case #13: An Obese Person, Keen for Surgery Case #14: A Newly-Diagnosed Type 2 Diabetic with Hypertension, Hyperlipidaemia and Obesity
1130 - 1300	SLOT FOR SPONSOR (90 min)
1300 - 1400	LUNCH
1400 - 1500	Session #8A: Microvascular Complications: The Eyes (30 minutes) Presentation: Common Eye Diseases in People With Diabetes (10 min) Case Discussion (5 min presentation + 15 min discussion); Case #15: A 35-Year Old Diabetic Complaining of Progressive Blurring of Vision Session #8B: Microvascular Complications: The Feet (30 minutes) Presentation: Managing Diabetic Foot Ulcer (10 min) Case Discussion (5 min presentation + 15 min discussion); Case #16: A 50-Year Old Patient with Long-Standing Non-Healing Diabetic Ulcer
1500 - 1600	SLOT FOR SPONSOR (60 min)
1600 - 1630	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.</i>
1630 - 1730	Session #9: Diabetic Kidney Disease: Prevention and Management (60 min) Presentation: Detecting and Managing Diabetic Kidney Disease (20 min) Case Discussion (5 min presentation + 15 min discussion); Case # 17- Case # 18
1745 - 1845	SLOT FOR SPONSOR (60 min)
1845	END OF DAY 2

DAY 3 – April 27, 2025 (Sunday)

0730 - 0815	SLOT FOR SPONSOR (45 min)
0815 - 0900	Session #10: Strategies for Diabetes Remission (45 min) Presentation: Options for Diabetes Remission (5 min) Case Discussion (5 min presentation + 15 min discussion); Case # 19 and Case #20
0900 - 1000	Session #11: Diabetes with Heart Disease (60 min) Presentation: Diagnosis and management of IHD and CCF in Diabetics (20 min) Case Discussion (5 min presentation + 15 min discussion); Case # 21 and Case # 22
1000 - 1030	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.</i>
1030 - 1200	Special Session: Case Presentations by Participants (90 min) Case Discussion (5 min presentation + 15 min discussion); Case #23 - Case #26
1200 – 1300	Session #12: The Complicated Cases: Prioritising and Optimising Management (60 min) Case Discussion (5 min presentation + 15 min discussion); Case # 27- Case # 29
1300 - 1330	CLOSING CEREMONY & LUCKY DRAWS
1330 - 1430	LUNCH
1430	END OF CLINIC DIABETES COURSE

* Subject to change

Registration & Fees:

Registration form is enclosed with this **FINAL COURSE ANNOUNCEMENT**. Completed form must be returned with the proof of registration fee payment to the Secretariat of the 'Clinic Diabetes Course 2025' by mail or fax.

Registration fee covers admission to all NADI 'Clinic Diabetes Course 2025' sessions and trade exhibition, bag, identification tag and printed materials, lunches and tea/coffee breaks. The fees are as follows:

Local Delegates (Subsidised Rates)

Registration	Course Fee*	Please Tick
EARLY BIRD REGISTRATION (before March 1, 2025)	RM850	
AFTER March 1, 2025	RM950	

International Delegates

Registration	Course Fee	Please Tick
EARLY BIRD REGISTRATION (before March 1, 2025)	USD380	
AFTER March 1, 2025	USD480	

* Subsidised rates

Please register early to enjoy "Early Bird" discount for registration.

For ONLINE REGISTRATION & PAYMENT
DETAILS, please visit
www.nadidiabetes.com.my

Registration fee should be made payable to:
NATIONAL DIABETES INSTITUTE.
Please refer to the instruction on payment.

Accommodation:

Special room rates have been arranged for the course participants from April 25–27, 2025 at the following hotels:

- Royale Chulan Kuala Lumpur (Course Venue)
- Pullman Kuala Lumpur City Centre Hotel & Residences
- Grand Millenium Hotel Kuala Lumpur
- Dorsett Kuala Lumpur
- Hotel Royal Kuala Lumpur

Participants are advised to reserve their hotel accommodation early, **DIRECTLY** with the hotel of their choice. Please specify that you wish to book as a participant of the National Diabetes Institute 'Clinic Diabetes Course 2025' in order to qualify for the special rates offered. Please refer to the accompanying leaflet for details.

Disclaimer: The National Diabetes Institute and its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation.

For further information and updates regarding the 'Clinic Diabetes Course 2025', please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Haira / Ms. Athirah)
National Diabetes Institute (NADI)

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About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation (NGO)** managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle

NADI NATIONAL
DIABETES
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CENTRE OF EXCELLENCE DEDICATED TO DIABETICS

NADI Office:

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